



lightwave channel guide

CAPITAL REGION FORMERLY EATEL

RESIDENTIAL & STANDARD BUSINESS TV SERVICE



basic

- 2 WBRZ News Replay
- 3 NBC I WVLA
- 4 REV TV
- 5 ABC I WBRZ
- 6 FOX I WGMB
- 7 CBS I WAFB
- 8 QVC
- 9 C-SPAN
- 10 CW I WBRL
- 11 PBS KIDS I WLPB2
- 12 PBS I WLPB
- 13 HSN
- 14 Catholic TV
- 15 EWTN
- 16 My BR TV I WBXH
- 17 Livingston Government
- 18 TBN I Trinity Broadcast Network
- 19 INSP
- 20 NewsNation
- 21 Ascension Government
- 22 Weather Channel
- 126 Bounce TV I WAFB
- 144 This TV I WBTR
- 146 Me TV I WBXH
- 147 GRIT I WBXH
- 149 Z TV I KZUP
- 150 Cozi TV I WGMB¹

basic plus

- 23 CNN
- 24 Disney Channel
- 25 FX
- 26 Lifetime
- 27 USA
- 28 TNT
- 29 AMC
- 30 Nickelodeon
- 31 TBS
- 32 Freeform
- 33 ESPNNews
- 35 ESPN
- 36 ESPN 2
- 37 SEC Network
- 38 Fox Sports 1
- 39 A&E
- 40 E!
- 41 Paramount Network
- 42 Fox News
- 43 VH1
- 44 CNBC
- 45 Headline News
- 46 Discovery Channel
- 47 History Channel
- 48 TLC
- 49 NFL Network
- 50 Bravo
- 51 TruTV
- 52 Animal Planet
- 53 Food Network
- 54 HGTV
- 55 Cartoon Network
- 56 CMT
- 57 Hallmark Movies & Mysteries
- 58 BET
- 59 Syfy
- 60 Comedy Central
- 61 OWN
- 62 IFC
- 63 Turner Classic Movies
- 64 MSNBC
- 65 Oxygen
- 66 TV Land
- 67 Travel Channel
- 68 Lifetime Movies
- 69 WE TV
- 70 FYI
- 71 Hallmark Channel
- 72 MTV
- 74 Golf Channel
- 75 Viceland
- 76 FXX
- 78 Investigation Discovery
- 79 National Geographic²
- 84 SEC Network Alternate²
- 85 Fox Business

hd classic

- 702 WBRZ News Replay HD²
- 703 NBC I WVLA HD
- 704 REV TV HD
- 705 ABC I WBRZ HD
- 706 FOX I WGMB HD
- 707 CBS I WAFB HD
- 708 QVC HD²
- 710 CW I WBRL HD
- 712 PBS I WLPB HD
- 713 HSN HD²
- 714 Catholic TV HD²
- 716 My BR TV I WBXH HD
- 720 NewsNation HD
- 722 The Weather Channel HD
- 723 CNN HD
- 724 Disney Channel HD
- 725 FX HD
- 726 Lifetime HD
- 727 USA HD
- 728 TNT HD
- 729 AMC HD
- 730 Nickelodeon HD
- 731 TBS HD
- 732 Freeform HD
- 733 ESPNNews HD
- 735 ESPN HD
- 736 ESPN2 HD
- 737 SEC Network HD
- 738 Fox Sports 1 HD
- 739 A&E HD
- 740 E! HD
- 741 Paramount Network HD
- 742 Fox News HD
- 743 VH1 HD
- 744 CNBC HD
- 745 Headline News HD²
- 746 Discovery Channel HD
- 747 History Channel HD
- 748 TLC HD
- 749 NFL Network HD
- 750 Bravo HD
- 751 Tru TV HD2
- 752 Animal Planet HD
- 753 Food Network HD
- 754 HGTV HD
- 755 Cartoon Network HD
- 756 CMT HD
- 757 Hallmark Movies & Mysteries HD
- 758 BET HD
- 759 Syfy HD
- 760 Comedy Central HD
- 761 OWN HD²
- 762 IFC HD
- 763 Turner Classic Movies HD
- 764 MSNBC HD
- 765 Oxygen HD²
- 766 TV Land HD²
- 767 Travel Channel HD
- 768 Lifetime Movies HD
- 769 WE TV HD
- 770 Crime & Investigation HD²
- 771 Hallmark Channel HD
- 772 MTV HD
- 774 Golf Channel HD
- 775 Viceland HD²
- 776 FYI HD
- 779 MotorTrend HD
- 781 National Geographic HD
- 783 Investigation Discovery HD
- 784 SEC Network-Alternate HD²
- 785 Fox Business HD
- 836 FXX HD²
- 844 This TV I WBTR HD²

sports & info¹

- 154 Stadium College Sports Atlantic
- 155 Stadium College Sports Central
- 156 Stadium College Sports Pacific
- 158 Fox Deportes
- 162 Sportsman Channel
- 164 Horse Racing TV I TVG²
- 827 Sportsman Channel HD²

lagniappe¹

- 201 Boomerang
- 202 Cooking Channel
- 205 MTV Tr3s
- 207 BET Jams
- 213 CMT Music
- 214 UP
- 216 BET Her
- 809 Cooking Channel HD²
- 820 MGM HD

paquete espanol¹

- 225 History en Español
- 226 ESPN Deportes
- 227 Telemundo
- 228 Discovery Familia
- 229 Discovery en Español
- 230 CNN en Español
- 231 Universo

¹Requires set-top box rental. ² Requires LightWave TV service

digital¹

- 100 Discovery Family
- 101 The Science Channel
- 102 Destination America
- 104 American Heros
- 106 Nicktoons
- 107 Nick Jr
- 108 GSN
- 109 BBC America
- 110 DIY
- 111 GAC Family
- 112 Hallmark Drama²
- 113 ION
- 114 Lifetime Real Women
- 115 Jewelry TV
- 116 Nick ²
- 117 MTV²
- 118 BYU
- 120 WBRZ Weather
- 121 ESPNU
- 122 PBS Create I LPB³
- 123 Nat Geo Wild
- 124 RFD TV
- 127 Disney XD
- 128 Disney Jr
- 129 C-SPAN ²
- 130 Antenna TV I WLFT²
- 132 Outdoor Channel
- 134 Universal Kids
- 136 Discovery Life
- 138 Teen Nick

- 139 MTV Classic
- 140 NickMusic
- 141 Sundance
- 143 SonLife²
- 159 Fox Sports ²
- 163 ACC Network
- 200 FX Movies
- 217 TV One
- 777 Disney XD HD
- 778 Discovery Family HD
- 794 BBC America HD
- 801 Science Channel HD
- 802 Destination America HD
- 806 Nicktoons HD²
- 807 Nick Jr HD²

- 808 GSN HD²
- 810 DIY HD²
- 812 Hallmark Drama HD²
- 813 ION HD²
- 815 Jewelry TV HD²
- 817 MTV² HD²
- 821 ESPNU HD
- 822 Fox Sports ² HD²
- 823 Nat Geo Wild HD²
- 828 Disney Jr HD²
- 832 Outdoor Channel HD
- 834 Universal Kids HD²
- 841 Sundance HD²

starz encore¹

- 250 STARZ ENCORE
- 251 STARZ ENCORE Action
- 252 STARZ ENCORE Classic
- 253 STARZ ENCORE Suspense
- 254 STARZ ENCORE Black
- 255 STARZ ENCORE Westerns
- 256 STARZ ENCORE West
- 257 STARZ ENCORE Family
- 258 STARZ
- 259 STARZ Edge
- 260 STARZ in Black
- 261 STARZ Kids & Family
- 262 STARZ Cinema
- 263 STARZ Comedy
- 264 STARZ West
- 265 STARZ Cinema West
- 266 STARZ ENCORE Black West²
- 267 STARZ ENCORE Action West²
- 850 STARZ HD
- 851 STARZ Edge HD²
- 852 STARZ Cinema HD²
- 860 STARZ ENCORE HD²

hbo max¹

- 300 HBO
- 301 HBO2
- 302 HBO Family
- 303 HBO Comedy
- 304 HBO ZONE
- 305 HBO Signature
- 306 HBO Latino
- 307 HBO Comedy West
- 308 HBO ZONE West
- 309 HBO Family West
- 310 HBO West
- 870 HBO HD
- 871 HBO2 HD²
- 873 HBO Comedy HD²
- 875 HBO Signature HD²

cinemax¹

- 320 Cinemax
- 321 MoreMax
- 322 ActionMax
- 323 ThrillerMax
- 324 MovieMax
- 325 Cinemáx
- 326 5StarMax
- 327 OuterMax
- 328 ThrillerMax West
- 329 Cinemax West²
- 330 MoreMax West²
- 882 Cinemax HD
- 883 ActionMax HD²
- 884 MoreMax HD²

showtime & tmc¹

- 340 Showtime
- 341 Showtime 2
- 342 Showtime SHO x BET
- 343 Showtime Extreme
- 344 Showtime Showcase
- 345 Showtime Family
- 346 Showtime Women
- 347 Showtime Next
- 349 FLIX
- 350 The Movie Channel
- 351 The Movie Channel Xtra
- 890 Showtime HD
- 891 Showtime 2 HD²
- 892 Showtime SHO x BET HD²
- 898 The Movie Channel HD

stingray music¹

- 900 Stingray Music TV app²
- 901 Hit List
- 902 Pop Adult
- 903 Swinging Standards
- 904 Jukebox Oldies
- 905 Flashback 70s
- 906 Everything 80s
- 907 Nothin' But 90s
- 908 Maximum Party
- 909 Groove Disco & Funk
- 910 Dance Clubbin'
- 911 Holiday Hits
- 912 Classic Rock
- 913 Alternative
- 914 Rock
- 915 Heavy Metal
- 916 Alt Rock Classics
- 917 The Blues
- 918 Adult Alternative
- 919 Folk Roots
- 920 Alt Country/Americana
- 921 Hot Country
- 922 No Fences
- 923 Country Classics
- 924 Bluegrass
- 925 Christian Pop & Rock
- 926 Gospel
- 927 Soul Storm

- 928 Hip-Hop/R&B
- 929 Classic R'N'B & Soul
- 930 Hip Hop
- 931 Jazz Masters
- 932 Jazz Now
- 933 Smooth Jazz
- 934 The Chill Lounge
- 935 The Spa
- 936 Easy Listening
- 937 Popular Classical
- 938 Classic Masters
- 939 Chamber Music
- 940 Broadway
- 941 Eclectic Electronic

- 942 Y2K
- 943 Jammin'
- 944 Éxitos Tropicales
- 945 Éxitos del Momento
- 946 Retro Latino
- 947 Ritmos Latinos
- 948 Rock en Español
- 949 Romance Latino
- 950 Kid's Stuff

sports package¹

- 610 NFL Redzone
- 611 NFL Redzone HD

